

Practicing the Presence

General Supplies for each day:

- Coloring pages & Coloring supplies
- Two 6' tables for coloring area.
- Fabric can be helpful to create stations
- Candles
- Picture frames can be helpful to hold the scripture passages for various stations

Supplies for Creator God:

- Mix of gold glitter stars & natural colored sand
- Colored sand Bible passages printed out on cardstock and cut into individual cards
- Colored sand
- Biblical color meaning hand-out (make copies for all and also leave on coloring area)
- Bowls & Scoops for sand
- Large glass containers for community sand art prayer
- 6-8" pieces of colored ribbon
- Sunflower seeds

Supplies for Royal Redeemer:

- Thin white ribbon attached to a crown of thorns (or other representation of a crown)
- Large wooden cross
- Several pairs of small scissors
- Red, purple and black cotton fabric cut into small strips of cloth (or ribbon)
- Bread & grape juice for communion
- Rocks
- Anointing Oil
- Hebrew prayer shawl or other fabric to represent the hem of Jesus' garment

Supplies for Holy Spirit, Flame of Love:

- Candy kisses
- Tea light candles and lighters
- Oil lamp wicks (Found at <https://www.etsy.com/shop/LightLamps>)
- Oil lamp (Found at <https://www.etsy.com/shop/LightLamps>)
- Withered hearts cut from brown paper bags
- Plastic hearts (watch for these around Valentine's Day) or use heart-shaped buttons. See: <https://www.walmart.com/ip/Heart-Shaped-Buttons-pack-of-1/755065567>
- "Stretch Out Your Withered Hand" Drama by Nicole Johnson can be used at beginning of time together. Script and rights to use it can be purchased here: <https://www.nicolejohnson.org/nicole-johnson---store/Stretch-Out-Your-Hand-SCRIPT-p49663213>

Practicing the Presence

Initial Instructions:

Welcome!

**Please enter in silence and find a seat.
Also, please resist the urge to wander around and
check out the stations.**

**Please turn your cell phone to silent (not vibrate)
and stow away out of sight. ☺**

Remain in silence and stillness for the beginning of our time together. Use the silence for quiet reflection and prayer.

Please resist the urge to turn this paper over to look ahead to what we'll be doing at our prayer stations.

Stay in the present moment.

Our silence will be broken when we begin our Lectio Divina.

God: Our Creator Prayer Stations

Lectio Divina: Psalm 139:13-18

Coloring Your Prayers

Coloring is a calming yet concentrated way to pray for the needs of others or yourself. Let the Biblical color meanings guide your prayers. Picture reflects theme.

Taste & See

Within every seed is the potential for growth and new life. What is Creator God growing in you?

Community Sand Art Prayer

Combine your prayers with the prayers of others, creating a colorful picture of our community.

Color Your World

Let God lead you to a ribbon (or two). Explore the meaning of the color in the Biblical color meaning scriptures. Meditate on the color and its meanings and ask God what He is trying to reveal to you through it. Feel free to take the ribbon with you as a reminder.

The Sands of the Sea & Stars of the Sky

Run your fingers through the sand/star mixture. Let your Creator God speak through one of the smallest aspects of creation. Feel the texture and consider the beauty of His creation, his great love for you, or his blessings over you.

Music: All Creatures of Our God & King (*Words: Francis of Assisi, circa 1225*)

All creatures of our God and King
Lift up your voice and with us sing,
O praise Him! Alleluia!
Thou burning sun with golden beam,
Thou silver moon with softer gleam!
Refrain: O praise Him! O praise Him!
Alleluia! Alleluia! Alleluia!

Thou rushing wind that art so strong
Ye clouds that sail in Heaven along,
O praise Him! Alleluia!
Thou rising moon, in praise rejoice,
Ye lights of evening, find a voice!
Refrain: O praise Him! O praise Him!
Alleluia! Alleluia! Alleluia!

Thou flowing water, pure and clear,
Make music for thy Lord to hear,
O praise Him! Alleluia!
Thou fire so masterful and bright,
That givest man both warmth and light.
Refrain: O praise Him! O praise Him!
Alleluia! Alleluia! Alleluia!

Let all things their Creator bless,
And worship Him in humbleness,
O praise Him! Alleluia!
Praise, praise the Father, praise the Son,
And praise the Spirit, Three in One!
Refrain: O praise Him! O praise Him!
Alleluia! Alleluia! Alleluia!

Biblical color meanings

red/crimson/scarlet – blood covering, blood of the Lamb, atonement, forgiveness, sacrifice, warfare, celebration, love of God – Ex 26:14; Lev 17:11; Is 1:18; Nah 2:2-4; Heb 9:12-14

orange – praise, fire of God – Heb 12:29

yellow/amber – presence of God's glory; celebration, joy – Eze 1:4 & 8:2; Is 51:11 & 61:3; Ps 68:13; Heb 1:9

green – healing, new beginnings, new life, everlasting life, hope, growth, restoration – Ps 23:2-3 & 92:12-14; Prov 11:28; Jer 17:8; Joel 2:22; Hos 14:8; Mk 6:39; Rev. 22:2

blue – grace, mercy, Holy Spirit, remembrance of God's commands, heaven, living water, River of Life – Ex 24:10; Num 15:38-40; Eze 47:1-12; Rev 22:1-2

purple – royalty, kingship, honor, authority of believers, most precious of ancient dyes – Judg 8:26; Est 8:15; Prov 31:22; Mk 15:17-18; Lk 16:19

violet – Shekinah glory, purity, invisible, supernatural – Eze 1:4 & 8:2

plum/wine – richness, abundance, infilling of the Holy Spirit – Hos 2:22; Joel 2:24

pink – passion of/for Jesus, compassion, joy, prophecy – 1 Sam 18:6; Neh 12:43

iridescent – overcoming – Rev 21:11-19

white – purity, innocence, holiness, light – Ps 51:7; Is 1:18; Matt 17:2; Rev 3:4, 7:9, 20:11

black - righteous judgment, sin, death, famine, night – Ex 10:15; Deut 4:11-13; Prov 7:9; Lam 4:8; Joel 2:10; Eph 5:11; Rev 6:5

brown/gray – repentance, humility – Gen 30:32-33; Est 4:3; Dan 9:3-5

silver – redemption, faith, truth, strength, refining – Gen 20:16; Lev 5:15; Num 18:15-16; Ps 12:6 & 66:10; Prov 25:4; Hos 3:2; Matt 26:14-15 & 27:3-9

gold/amber – deity, divinity, glory of God – Ex 37 & 40:34-35; Ps 21:3; Heb 9:4-5; Rev 1:13-14

bronze/brass – judgment, strength, perseverance (from refiner's fire), feet of God – Ex 27 & 30:17-21; Num 21:9; Eze 40:3; Dan 10:5-6; Mic 4:13; Rev 1:15 & 2:18

white, blue, purple & scarlet – this color combination is throughout the tabernacle, temple and on the priestly garments; represented purity, remembrance, royalty, Divinity, God's Throne of Glory, and forgiveness – Ex 25-28 & 35-39; Is 1:18

rainbow – God's covenantal promise to all creation – Gen 9:12-17

Christ: Royal Redeemer Prayer Stations

Lectio Divina: Job 19:23-27

Coloring Your Prayers

Coloring is a calming yet concentrated way to pray for the needs of others or yourself. Let the Biblical color meanings guide your prayers. Picture reflects theme.

Taste & See

Communion is available at the altar as you feel led.

Redeemer at Work

Tactile representations of scripture: Whether Christ was protecting an adulterous woman from stoning, allowing a sinful woman to anoint his feet, or healing one who touched the hem of his garment, he was redeeming and restoring the outcasts, the sinful, and the people that others condemned. Consider the items representing these stories. Pick up, touch, feel.

Crown of Righteousness

After spending a moment in quiet confession, cut a small piece of white ribbon from Christ' crown. Secure it around the red, purple and black strips of fabric you were given upon entering today as a reminder of the righteousness that is yours through Jesus Christ, our Royal Redeemer.

Music: "Redeemer" by Nicole C. Mullen

Who taught the sun where to stand in the morning?
Who told the ocean you can only come this far?
Who showed the moon where to hide 'til evening?
Whose words alone can catch a falling star?

Chorus:

I know my Redeemer lives

I know my Redeemer lives

All of creation testify

This life within me cries, "I know my Redeemer lives."

The very same God that spins things in orbit
He runs to the weary, the worn and the weak
And the same gentle hands that hold me when I'm broken
They conquered death to bring me victory
Chorus

He lives to take away my shame
And He lives forever I'll proclaim
That the payment for my sin
Was the precious life He gave
But now He's alive and
There's an empty grave
Chorus

Holy Spirit: Flame of Love Prayer Stations

Lectio Divina: Portions of John 14:16-27

Coloring Your Prayers

Coloring is a calming yet concentrated way to pray for the needs of others or yourself. Let the Biblical color meanings guide your prayers. Picture reflects theme.

Taste & See

Candy kisses to remind us of God's great love for us. Taste and see that the Lord is good... for he gave us chocolate!

Lamp Unto My Feet

Near the oil lamp there are oil wicks. Take one and consider the wick (its uses, shape, color) and let God speak to you through the wick. You are free to take the wick with you as a reminder.

Light a Candle

In some church traditions, lighting a candle is an outward expression of an inward prayer. Light a tea light for a family member, friend or yourself. Please feel free to take the tea light after the service as a reminder of your prayer.

Trading in Your Withered Heart

Leave your withered heart symbol, and take instead a symbol of a new heart, representing the whole and restored heart he gives you when you reach out your withered heart in faith.

Music: How Marvelous (My Savior's Love)

I stand amazed in the presence
Of Jesus the Nazarene,
And wonder how He could love me,
A sinner, condemned, unclean.

Refrain:

How marvelous! How wonderful!

And my song shall ever be:

How marvelous! How wonderful!

Is my Savior's love for me!

He took my sins and my sorrows,
He made them His very own;
He bore the burden to Calv'ry,
And suffered and died alone.

Refrain

When with the ransomed in glory
His face I at last shall see,
'Twill be my joy through the ages
To sing of His love for me.

Refrain

Lectio Divina Passages

Creator God: Psalm 139:13-18

- ¹³ For you created my inmost being; you knit me together in my mother's womb.
¹⁴ I praise you because I am fearfully and wonderfully made;
your works are wonderful, I know that full well.
¹⁵ My frame was not hidden from you when I was made in the secret place,
when I was woven together in the depths of the earth.
¹⁶ Your eyes saw my unformed body; all the days ordained for me
were written in your book before one of them came to be.
¹⁷ How precious to me are your thoughts, God!
How vast is the sum of them!
¹⁸ Were I to count them, they would outnumber the grains of sand—
when I awake, I am still with you.

Royal Redeemer: Job 19:23-27

- ²³ "Oh, that my words were recorded,
that they were written on a scroll,
²⁴ that they were inscribed with an iron tool on lead,
or engraved in rock forever!
²⁵ I know that my redeemer lives,
and that in the end he will stand on the earth.
²⁶ And after my skin has been destroyed,
yet in my flesh I will see God;
²⁷ I myself will see him
with my own eyes—I, and not another.
How my heart yearns within me!

Flame of Love: John 14:16-18 & 26-27

- ¹⁶ And I will ask the Father, and he will give you another Advocate, who will never leave you. ¹⁷ He is the Holy Spirit, who leads into all truth. The world cannot receive him, because it isn't looking for him and doesn't recognize him. But you know him, because he lives with you now and later will be in you. ¹⁸ No, I will not abandon you as orphans—I will come to you. ²⁶ ... when the Father sends the Advocate as my representative—that is, the Holy Spirit—he will teach you everything and will remind you of everything I have told you.
²⁷ "I am leaving you with a gift —peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid.